



The Super Detox Retreat- Females only

Everyone these days knows how important this is to detox their body, the detox process is essential for our wellbeing and our general health. And what about our soul? The one that our body is solely hosting for 80-90 years or so? There is a link between the "garbage" we carry with us and the creation of disease. The mind-body connection is well understood and acknowledged more and more in many parts of the world today.

The Core Detox Retreat is one of a kind program that takes us deep into ourselves to find the greatest source of our healing- Our own selves!

We will go through a mutual journey to discover our deepest, most profound powers of the mind and will experience the mind-body-spirit connection.

All this so we can gain CLARITY, and Renewed POWERFUL ENERGY so we can de Clutter our minds, HEAL our bodies and TRANSFORM our lives, so we can have more room for LOVE and Self-HEALING.

The 7 steps of The Core Detox Retreat

1. **Poison Ivy-** acknowledge your "Shtuff", Dare to find the truth of what's holding you back or stuck.
2. **Reevaluate-** where are you now in comparison to where you want to be?
3. **Breakthrough-** The art of letting go and letting G-d in. (Bridge the gaps)
4. **Rebalance-** the imbalanced belief system and its effect on your wellbeing!
5. **Align and connect** – The mind-heart-gut connection
6. **Transform-** Take charge, expand your consciousness so you can then make better, healthier choices for you and your family
7. **Renew, Rebirth, Recharge-** experience the most effective ways to create the changes that last forever.



MORAN REITER
MASTER YOUR MIND

Schedule

Friday 3/16/2018		Saturday 3/17/2018		Sunday 3/18/2018	
		Morning meditation (optional)	7-8AM	Morning meditation (optional)	
		Breakfast	8-10AM	Breakfast	
		Breakthrough session- understanding the gap	10-11:30	Renew, Recharge, Rebirth	
		Letting go and letting G-d	12-1:30	New you contract	
		Lunch Break	1:30- 3PM	Lunch Break	
Welcome Session, Check in and more	3PM	Rebalance- belief system and our general health	3:30- 5PM	Gratitude & closing session	
Poison Ivy session	5-7PM	The mind-heart-gut connection	5:30- 7PM		
Dinner	7-9PM	Dinner	7-9PM		
Reevaluate Session	9- 10:30P M	TRANSFORMATION SESSION	9- 10:30P M		
Good night circle	11PM	Good night circle	11PM		

Venue

The Hilton Naples | 5111 Tamiami Trail North | Naples, FL 34103

Friday, March 16, 2018 at 3:00 PM - Sunday, March 18, 2018 at 5:00 PM (EDT)

Pricing

ALL INCLUSIVE RETREAT

Centrally located near beautiful beaches, Shopping, entertainment & restaurants. A newly renovated luxury hotel with complimentary WiFi & garage parking

[HOTEL WEBSITE >](#)

AMENITIES

FREE WIFI, RESTAURANT, FITNESS FACILITIES

MEETING ROOMS, POOLS

Early bird prices (Register by Feb 20Th, 2018)-

1 person in a double queen bed shared room- \$985

1 person in a king bed single room - \$1285

Regular prices- (Register between Feb21-March 6Th, 2018)

1 person in a double queen bed shared room- \$1085

1 person in a king bed single room - \$1385

Price includes ALL meals (6 in total), refreshments and all supply.

**Does not include transportation

Cancelation policy- Refund will be given 7 days before departure date (March 9Th, 2018) in case of emergency, or illness.